Message House Privacy Policy

Effective 25th May 2018

This privacy policy explains how and why Message House collects and processes your personal information. We may modify this policy at any time, so please review this page regularly. By using our website and services, you agree to be bound by this policy.

Message House 3 Churchgates The Wilderness Berkhamsted Herts HP4 2UB

Tel: 01442 862365

Email: info@message-house.co.uk

Overall responsibility for data protection is with Dr Matt Carter.

We are committed to protecting your privacy. We will only use the information that we collect from you lawfully, in accordance with the <u>Data Protection Act 2018</u> and the <u>General Data Protection Regulations</u>.

This applies to information that is gathered automatically as you use the website (via cookies) as well as any information you submit to us voluntarily.

We will not sell or distribute your personal information to third parties unless we have your permission or are required by law to do so.

Information we collect and the reasons for doing so

When you contact us

If you contact us via email, phone, post or the contact form on our website, we collect relevant information you provide to us, which may include name, email address, phone number and postal address.

The legal basis (according to article 6 of the General Data Protection Regulation (GDPR)) for doing so is our Legitimate Interests – we require this information in order to respond to your enquiry and provide a service.

If you register for a research panel

When you register as a research panellist we require that you submit personally identifiable information, such as name, postal address, email address and phone number. We may also ask you to provide demographically relevant information.

The legal basis (according to article 6 of the General Data Protection Regulation (GDPR)) for doing so is Consent – when you register as a research panellist you will explicitly give us permission to process your data for this purpose.

When you use our website

The Message House website is hosted by Squarespace and uses cookies that are stored on your browser. These cookies collect information about how you use the site, for example which pages you visit, and all user data is anonymous. They only collect data related to your use of this website.

Please note that some of these cookies may be placed by third party service providers who perform a function for us. The third party services this site uses are Google Analytics. The data these services collect are anonymous.

You can find out more about controlling, opting-out and deleting cookies, here.

By continuing to use this website without adjusting your browser's cookie settings you agree that we can place these cookies on your device.

Where your data is stored

Some of the third party service providers we use to manage data may be located within the US. Where this is the case we have undertaken an assessment to ensure they are compliant with appropriate GDPR-equivalent safeguarding measures.

If you would like more information on international transfers please contact us.

How long we keep your data

We only keep your data for as long as necessary.

Records will be regularly reviewed to ensure that data is not held longer than necessary, and no longer than 24 months after last contact if deemed unnecessary.

Data that is found to have passed the retention period will be destroyed in a secure manner.

Your Rights

Where you have given us consent to process your data (such as by joining a Research Panel), you have the right to withdraw your consent at any time. You can do this by contacting Message House directly via email.

You also have the following rights regarding your data:

- i) The right to request to access your personal data that is held by Message House.
- ii) The right to rectify any errors if your personal data is inaccurate or incomplete.

- iii) The right to request the deletion or removal of personal data.
- iv) The right to request that restrictions are placed on the processing of their personal data.
- v) The right to object to the processing of your data.

Requests in regards to these rights should be made in writing to the info@message-house.co.uk email or address given above.

Security & sharing your data

We are committed to keeping your data secure and take all reasonable precautions to protect your data from loss, misuse or alteration.

We will not sell or distribute your personal information to third parties unless we have your permission or are required by law to do so.

We may on occasion need to share your personal data with professional advisors and service providers who support our own business, for example solicitors, accountants and auditors. They have limited access to your data, where there is a business need, and only access it using our software.

Our team are contracted to strict confidentiality, and may only process data in accordance with our instructions.

If you have any concerns about the way Message House has processed your data, you should lodge a complaint to the Information Commissioner's Office.

Document review record

Date of Last Review	Author(s)	Description of Change
09.05.2023	BOD	Reviewed, and updated